Jefferson College Named Among Healthiest Campuses in the United States

Jefferson College is one of seven colleges and universities across the country that has been recognized for improving and prioritizing student health.

The College received Honorable Mention in connection with the 2015 Healthy Campus Award sponsored by Active Minds and the Margaret Clark Morgan Foundation. It is the only national recognition of its kind that celebrates leadership, innovation, collaboration, and excellence in campus health. Jefferson College was the only higher education institution in Missouri to be acknowledged.

“We are extremely honored to be recognized as one of the healthiest campuses in the nation,” said College President Dr. Raymond Cummiskey. “This award reflects the collective efforts of our staff and faculty to create a supportive campus environment where comprehensive well-being is a priority. Make no mistake, it does not mean that the College has achieved all that needs to be done, but it does reflect a sincere commitment toward the health and well-being of students and employees.”

Some of the College’s efforts to support student health include:

- The creation of a holistic wellness program and the employment of a wellness coordinator to address seven dimensions of wellness (emotional, physical, social, occupational, intellectual, environmental, and spiritual) in conjunction with a $153,500 grant from the Jefferson Memorial Community Foundation;

- Full-time student counseling services through a partnership with COMTREA (Community Treatment, Inc.);

- The establishment of an on-campus health clinic as a partnership with Mercy Hospital Jefferson;

- The implementation of a smoke-free and tobacco-free campus environment;

- Programming and support resources such as “r u ok?,” question persuade refer, suicide prevention, and bystander intervention; and

- Student group/organizations such as Active Minds and Psychology Club.
“This is an incredible honor for Jefferson College to be recognized for the many campus programs and people who support health and well-being,” said Associate Vice President of Student Services Julie Fraser. “When you review the caliber of the other institutions recognized within this process, it is clear that Jefferson College shines as a community college invested in supporting students in all aspects of their lives. When you view our calendar of activities, you commonly see events promoting substance abuse prevention, mental health discussions, and helping others. We truly aspire to positively impact the health of those on our campus.”

In celebration of the national recognition, the College will host “Art and Heart” from 3-6 p.m. on Thursday, November 19, in the Student Center Viking Room, where the formal acknowledgement and Healthy Campus Award certificate presentation will take place. Other activities will include a community, school and college art exhibit regarding the seven dimensions of wellness, handouts/personnel highlighting key aspects of the College's healthy campus, music, light hors d’oeuvres, and an opportunity to learn and experience mindful meditation.

Eight elements are central to the Active Minds Healthy Campus Award and serve as the basis for judging: prioritizing a collective, strategic approach; defining health broadly and pursuing it comprehensively; championing student voices; cultivating a deep commitment to equal opportunities for health; providing quality, responsive, accessible clinical services; committing to sustainable systems changes and policy-oriented long-term solutions; securing and making the most of available resources; and measuring results and sharing progress to continuously motivate, guide, and focus action.

“The Active Minds Healthy Campus Award winners are leading some of the nation’s most innovative efforts to create healthy college communities,” said Alison Malmon, founder and Executive Director of Active Minds. “These schools are inspiring examples of what is possible when students, staff, faculty and administrators from across an entire institution work together so that every student has the opportunity to thrive.”
Dr. Raymond Cummiskey, President of Jefferson College, was recently awarded the 2015 Jeffersonian Award by the Jefferson County Growth Association for his outstanding leadership and service efforts to promote economic, workforce, and civic progress in Jefferson County and the surrounding region.

In addition to the award, Cummiskey also received a proclamation from the Missouri Senate presented by State Senator Paul Wieland and the legislative delegation from Jefferson County.

Under Dr. Cummiskey’s visionary leadership, the college has expanded its educational sites and facilities in Imperial and Arnold. Other major initiatives during his tenure have included the creation of a fully online virtual campus, the implementation of a long-range strategic planning process, and the establishment of a variety of new healthcare-related training programs and an on-campus health center.

He has leadership roles in numerous local and regional economic, workforce, community development, and civic groups. His participation includes the St. Louis Chamber Board of Directors (formerly Regional Chamber and Growth Association), Jefferson County Growth Association, Economic Development Corporation of Jefferson County, Jefferson County YMCA Board, Missouri Community College Association, American Association of Community Colleges, American Association of Community College Trustees, Highway 21 Task Force, Hillsboro Rotary Club, and membership in all local Chambers of Commerce—Arnold, DeSoto, Hillsboro, Northwest, and Twin Cities.
A class of 11 students (018 POST Class) recently graduated from the Jefferson College Law Enforcement Academy. Graduates and JCLEA program personnel include: left to right (front row) Merrick Bedwell of Arnold, Shelby Cornett of Cedar Hill, Brianne Kreitler of Arnold, Brian Todd of St. Charles (second row) Academy Director Chief Diane Scanga, Travis LaChance of Pevely, Jason Davis of St. Louis, Joseph Sulzer of Hillsboro, Academy Faculty Lt. Paul Ferber (third row) Jefferson County Sheriff’s Office Cpl. Chris Hoffman, Adam Shook of St. Louis, Christopher Schneider of Lake St. Louis, Michael Jennewein of High Ridge, Ryan Denning of Arnold, and Jefferson County Sheriff’s Office Det. Nick Schuenemann.

The 018 class also achieved a 100 percent completion pass rate on the POST (Peace Officer Standards and Training) license exam. They are the 20th consecutive class since the 2007 program transition to graduate with a 100 percent completion rate.

The JCLEA POST class is only available for those applicants who already have a degree or have general education prerequisites. The POST only class includes the required Peace Officer Standards and Training (POST) curriculum for a Class A license and requisites for a certificate in criminal justice.
The Jefferson College PACE (Performing Arts and Cultural Enrichment) event series will continue with a live podcast taping by alumnus Jim Yelton titled “30 Minutes of Geek” on Tuesday, November 10, at 7 p.m. in the Fine Arts Theatre on the Hillsboro campus.

The St. Louis area native returns home with a production that combines geek comedy, guests, and game shows for anyone who loves Doctor Who, Star Trek, or The Walking Dead. The free program is suitable for all ages.

After successfully launching “Geek Universe with Jim Yelton” on the GLN Radio Network and bringing his love of geek culture to a nationwide audience, the show’s creator/host wanted a way to share the fun with fans in a more direct way.

“I can’t wait to share the live show with my hometown,” said Yelton. “I’ve been looking for a way to combine my love of genre entertainment with my talk radio and stage performing background. The live show lets us have more audience interaction and thus, more fun. We bring fans up onstage to compete in trivia games as well as take part in some skits poking fun at celebrity public service announcements or the latest movies and TV shows. The show starts with a comedic monologue poking fun at things like The Walking Dead, we bring out a live guest for a nerdy conversation about their career or parts of Geek Culture they are passionate about, and the night ends on a high note with audience members competing in our ‘Trivia Thunderdome’ game show.”

More information about GEEK UNIVERSE can be found at www.midnight-entertainment.com.
Jefferson College and Legal Services of Eastern Missouri
Information Session About Health Insurance Marketplace Nov. 18

As the enrollment deadline approaches for the 2016 Missouri Health Insurance Marketplace in conjunction with the federal Affordable Care Act (ACA), Jefferson College and Legal Services of Eastern Missouri will host a free information session on **Wednesday, November 18, from 10 a.m.-2 p.m. in the Library on the Hillsboro campus at 1000 Viking Drive.**

There is no cost to attend. Preregistration is not required.

The public service event is designed to provide information about health care options and the process for getting coverage through the Missouri Health Insurance Marketplace, a website that lets people compare and buy the health insurance plan that fits their budget and needs. The marketplace is available to any individual or family who doesn’t have access to affordable health insurance coverage through an employer.

For additional information about the free Missouri Health Insurance Marketplace information session, call the Jefferson College Library at (636) 481-3166.

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Receives Project Lead The Way Certification for Biomedical Science Program

The Jefferson College Area Technical School (ATS) has received national certification for its Project Lead The Way (PLTW) program that it has been offering since 2013. PLTW is a nonprofit organization that provides a transformative learning experience for K-12 students and teachers.

PLTW Biomedical Science allows students to apply what they are learning in math and science class to real-life biomedical science activities, projects and problems. PLTW also prides itself on high-quality professional development of its teachers and an engaged network of business, community, and university partners to give students the fullest experience.

“We’ve seen how the PLTW program draws more students into the biomedical sciences and gets them thinking about college and their careers,” said ATS Director Dr. John Westerman. “We are extremely proud to be PLTW certified and ecstatic that our students are eligible for college-level recognition, which may include college credit, scholarships and admissions preference.”

The national PLTW recognition program distinguishes schools for successfully demonstrating a commitment to PLTW’s national standards. Additionally, certification as a PLTW school provides students with the opportunity to receive recognition at PLTW affiliate universities when they successfully complete select PLTW courses in high school. PLTW has more than 50 affiliate college, university and research partners, including Missouri University of Science and Technology with whom Jefferson College ATS has a working agreement.

As part of the recognition process, a team composed of administration, teachers, staff, students and members of the community submitted a self-assessment of the school’s implementation of PLTW’s Biomedical Science program. A site visit by a PLTW trained team followed. PLTW’s team met with teachers, school administrators, counselors, students and members of the school’s Partnership Team. A PLTW school’s Partnership Team (sometimes referred to as an Advisory Council) is comprised of teachers, counselors, administrators, post-secondary representatives, business and industry professionals and other community members who actively support the PLTW program within a school.

“The beauty of PLTW courses is that our kids get to experience how a concept they learned in science applies to a real-world project,” added Assistant Professor Amanda Macke. “In class, there are no lectures—students are exploring the concepts of human medicine, mapping and analyzing DNA, and designing innovative solutions for the health challenges of the 21st century. That is the kind of hands-on experience that will engage more students in fields that they might otherwise never have considered.”
Online Agenda/Info Increases Accessibility and Transparency

As a means of becoming more environmentally responsible, while using technology to increase communication transparency and accessibility, the Board has begun using the BoardDocs online meeting/agenda system which provides instantaneous voting results. As such, all agenda items and supporting materials are posted online at http://www.boarddocs.com/mo/jefferson/Board.nsf/Public.

The BoardDocs site is also accessible online from the Jefferson College homepage by clicking on “Welcome” > “About Jefferson College” > “Board of Trustees” links.

Consent Agenda Items Approved

Among the items approved in the Consent Agenda was a series of additional full-time faculty overload assignments and adjunct faculty assignments for the fall semester. Additionally, the Board approved a series of curriculum proposals including the formal discontinuation of the Respiratory Therapy program and the deactivation of American Studies and Women in History courses.

Employee Medical and Dental Insurance Plans Renewed

The Board renewed the College’s contract with Coventry of Missouri for employee/dependent/retiree medical and dental insurance and administrative services for healthcare savings accounts and medical care flexible spending accounts for the upcoming calendar year. The recommendation was presented to an ad hoc health insurance review committee during which they had an opportunity to ask questions and provide feedback.

Student-Athlete Handbook Agreed

After first reading/review last month, the 2015-2016 Student-Athlete Handbook was approved.

2015-16 BAT Negotiators Selected

Trustees Krystal Hargis and Barbara Stocker were selected along with Vice President of Finance and Administration Daryl Gehbauer (team chair) and Dean of Career and Technical Education Dena McCaffrey as members of the Board Administration Team (BAT) for the annual meet-and-confere process regarding faculty association issues. (Human Resources Director Tasha Welsh will also serve ex-officio)

The Board also reviewed (first reading) a revision to Procedure IV-09 regarding recognition of the faculty association and to Policy II-019 regarding enrollment in Jefferson College classes.

Trustees Fill Staff Vacancies

In employment actions, the Board approved the employment of Ayad Ali as Senior Network Analyst and Sheryl Zysk as Nursing Clinical Coordinator.

Purchase of Anatomical Models to Improve Anatomy/Physiology Instruction

As part of the Strategic Planning Committee/capital project process for this year, the Board approved the purchase of a series of anatomical models to be used by students in Anatomy and Physiology classes at Hillsboro and Arnold.

Continued...
**Apple Computer Purchase Provides Industry Technology**

The Board approved the purchase of 26 Apple iMac computers to provide students in the Computer Information Systems (CIS) program with technology that is representative of industry practices. Enhancement Grant funds will be used to cover 75 percent of the purchase.

**Extrication System Vital to Public Safety Programs**

Taking steps to eliminate the use of College or personal vehicles to practice removing patients from inside, as part of the EMT, Paramedic, Law Enforcement, and Fire Science programs, the Board approved the purchase of an extrication training system. Enhancement Grant funds will cover 75 percent of the purchase.

**Fire Alarm Monitoring Service Approved**

Following the recent installation of fire alarm equipment on the Hillsboro campus, the Board ratified a five-year contract for fire alarm monitoring and service with SimplexGrinnell.

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**In Person or Online: Board Meetings Open to All**

Upcoming meetings of the Board of Trustees are scheduled for November 12 (5:30 p.m.) and December 17 (5:30 p.m.) on the Hillsboro campus. Anyone may attend…of course you can also follow along in live time online.

All monthly meeting agendas and related information is posted electronically at http://www.boarddocs.com/mo/jefferson/Board.nsf/Public
3rd Annual Leader Holiday Dinner Dec. 4
Tickets On Sale Now

Come meet our surprise servers while dining on culinary creations and helping raise funds for the Jefferson College Culinary Arts Program at this deliciously fun and festive event on Friday, December 4. Tickets are available online via the Jefferson College home page at www.jeffco.edu.

Tickets cost $25 each, which includes:

- Six-course meal featuring the finalist recipes in the Leader Publications 2015 Holiday Recipe Contest
- Live food demonstrations by culinary faculty and students
- Entertainment provided by the Jefferson College Jazz Ensemble
- Vote for your favorite dish to help determine the Grand Prize recipe contest winner
- Recipe booklet containing contest entries

Early registration is recommended. Due to limited seating and the popular nature of this event, tickets must be purchased in advance and will not be sold at the door. All tickets are non-refundable.

Doors will open and seating will begin at 6:15 p.m. followed by dinner at 7 p.m. in the Student Center on the Hillsboro campus. Valet and accessible parking will be available.

The Holiday Dinner is sponsored by Leader Publications and the Jefferson College Foundation, with proceeds going to the Foundation to be distributed for projects and programs that benefit the college and its students.
The Jefferson College Foundation recently presented its annual Outstanding Achievement Awards to honor the exemplary accomplishments of faculty and staff who are nominated from the College’s three employee constituent groups.

**2015 Outstanding Achievement Award recipients include:**

**CINDY ROSSI, Faculty – Business Management Professor**
**DEB SHORES, Classified Staff – Resource Specialist**
**MARK SMREKER, Certified Staff – Manager of Software Development**
**MARIALANA SPEIDEL, Faculty – Biology Assistant Professor**

Cindy has served as a faculty member at Jefferson College for 27 years and is the 2015 recipient of the Governor’s Award for Teaching Excellence. Her corporate background is in marketing, restaurant operations, customer service, motivational speaking, and public relations. She and her husband owned and operated two restaurants for 10 years while raising their three sons and teaching adjunct at Jefferson College. She has a BBA degree in Marketing/Management from the University of Tennessee Murfreesboro, an MBA from Fontbonne University, and a Ph.D. in Higher Education Administration from St. Louis University. Rossi is a member of the American Marketing Association, Marketing Management Association, and the Missouri Community College Association.

Deb began working at Jefferson College in 1989 with the Career Connection Program, then left to pursue other career interests, and returned in 1996 to the college’s Advising and Retention Center. She possesses a Master’s in Education degree. In addition to many fulfilling experiences that have come from working at Jefferson College, one of the greatest is meeting and marrying her husband, Joe Lange, who retired after 20 years working at the College. Her energy, enthusiasm, and contributions toward student success includes organizing the Frugal Fashion Fair and Clothing Closet.

Mark has worked at Jefferson College in the Information Technology department for 15 years. He has earned a Bachelor of Science degree in Computer Science from Missouri Western State University and a Master of Science in Engineering from the University of Texas at Austin. Over the years, he and his team have helped deliver new software initiatives to the campus, such as the online class schedule, class rosters with student photos, and the Student Participation System. His passion toward providing good service and helping others access the information they need to perform their job as efficiently as possible is obvious to his peers, who chose him for this year’s award.

Marialana is a 1986 graduate of Jefferson College. She has a Bachelor of Science degree in Cellular and Molecular Biology from the University of Missouri-St. Louis and will complete a Master of Science degree in Education in Curriculum and Instruction from Missouri Baptist University this summer. She received the Linda Johnston Excellence in Assessment Award in 2011 and is the 2015 recipient of the Emerson Excellence in Teaching Award. She advocates for the awareness and acceptance of those with disabilities on campus and in the community. Speidel is the College’s dual credit science liaison and has served on the Accommodations and Environment and Safety Committees.

Each Outstanding Achievement Award recipient was presented a plaque and a $250 stipend. The recipients’ names will also be displayed on the Foundation Honor Roll in the Administration Building lobby on the Hillsboro campus.

To be eligible, faculty nominees must demonstrate intellectual vigor and communication skills in the interpretation and presentation of subject matter; promote positive morale through a congenial, supportive attitude toward students and peers; exhibit initiative, innovation and creativity resulting in improved learning and comprehension; demonstrate concern for and sensitivity to the needs of students and others; leave a favorable and lasting influence on students; put forth an effort to improve self as well as to develop and recognize others; and enhance the image of the department and/or college.
Nominees for staff recognition must demonstrate excellence in overall work performance; promote positive morale through a congenial, supportive attitude and by providing service to others; put forth an effort to improve self as well as to develop and recognize others; exhibit initiative, innovation and creativity resulting in improved operating efficiency of a work unit or the college as a whole; enhance the image of the department and/or college; and be a full-time employee of the college for at least five years.

Jefferson College Foundation Executive Director, Patti Christen (back row, left) and Foundation Board President, Rick Vest (back row, right) recently presented the 2015 Outstanding Faculty/Staff Achievement Awards to (front row, from left) Mark Smreker, Certified Staff, Cindy Rossi, Faculty, Marialana Speidel, Faculty, and (back row, center) Deb Shores, Classified Staff. Each recipient was selected by their co-workers and peers.

The Jefferson College Foundation exists to increase resources, raise funds, and cultivate friends and partnerships to support Jefferson College and its mission of providing student centered, comprehensive, and accessible education to all.
## November 2015

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<td>6 PM Field House- Gym</td>
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<td>“Fall Back Into Jazz” 3 PM</td>
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<td>Basketball vs Lindenwood-Belleville</td>
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<td>Fine Arts Theatre</td>
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<td>Red Cross Blood Drive 9:30 AM</td>
<td>Veterans Day - Campus Closed</td>
<td>Board of Trustees Mtg 5:30 PM Board Room</td>
<td>Friday Speaker Series 11:45 AM Viking Room</td>
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<td>30 MINUTES OF GEEK 7 PM</td>
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<td>Basketball Skills Clinic 6:45 PM Field House- Gym</td>
<td>Basketball vs. Southeastern Illinois 6 PM Field House- Gym</td>
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<td>International Education Presentation 12:45 PM</td>
<td>Community Forum 12:45 PM Student Center, Viking Annex</td>
<td>Healthy Campus Award Ceremony 3 - 6 PM Student Center, Viking Room</td>
<td>Basketball Skills Clinic 6:45 PM Field House- Gym</td>
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<td>Basketball Skills Clinic 6:45 PM Field House- Gym</td>
<td>Wed. 10 A.M. – 6 P.M. Thurs. 10 A.M. – 4 P.M. Fine Arts Building, Ceramics Studio</td>
<td>Basketball vs. St. Louis Community 6 PM Field House- Gym</td>
<td>Friday Speaker Series 11:45 AM Viking Room</td>
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