What Does a Lifeguard Need?

Use the “Longfellow’s Safety and Rescue Equipment Information” pages found on the Learn-to-Swim Level 3 webpage. Write the letter in the blank that best describes each word.

_____ 1. Whistle  A. Used by lifeguards, it is a foam-filled support with a strap.

_____ 2. Shepherd’s Crook  B. Thrown by a rescuer to someone in trouble in the water.

_____ 3. First Aid Kit  C. Marks and separates shallow and deep areas of the pool.

_____ 4. Rules  D. Used by beach lifeguards to see swimmers far from the shore.

_____ 5. Ring Buoy  E. Used to reach or encircle a person who needs help in the water.

_____ 6. Reaching Pole  F. Posted near supervised areas to help keep us safe.

_____ 7. Lifeline  G. Used to keep someone from moving, who might have a head, neck, or back injury.

_____ 8. Backboard  H. Used by a lifeguard to get a person’s attention or call for help.

_____ 9. Binoculars  I. Contains supplies for someone who is sick or injured.

_____ 10. Rescue Tube  J. A long tree branch or fishing pole could be used the same way as this.