## Key Points to Cover
(for Parents, Teens and Adult Participants)

- A person who is drowning has the greatest chance of survival if these links in the Chain of Drowning Survival are followed:
  - Recognize the signs of someone in trouble and call for help.
  - Rescue and remove the person from the water (without putting yourself in danger).
  - Call emergency medical services (EMS).
  - Begin ventilation and CPR, if necessary.
  - Transfer care to advanced life support.