JEFFERSON COLLEGE
COURSE SYLLABUS

PSY202
ADOLESCENT PSYCHOLOGY
3 Credit Hours

Dr. Amy Kausler
Revision Date: November 2009

Arts & Science Education
Dr. Mindy Selsor, Dean
Carolyn Elphingstone, Division Chair Social Science
PSY202  Adolescent Psychology

I.  CATALOG DESCRIPTION

A.  Prerequisite: PSY101

B.  3 credit hours

C.  Adolescent Psychology studies the scientific information (empirical, theoretical, and applied) regarding human development from puberty to young adulthood. This course partially fulfills the social and behavioral science requirement for the Associate of Arts and Associate of Arts in Teaching Degrees. (F,O)

II. EXPECTED LEARNING OUTCOMES WITH CORRESPONDING ASSESSMENT MEASURES

<table>
<thead>
<tr>
<th>Expected Learning Outcomes</th>
<th>Assessment Measures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Describe the relationship of the field of developmental psychology to the field of psychology. Demonstrate an understanding of development from adolescence through emerging adulthood.</td>
<td>Class Discussion/Activity/ Discussion Board (O) Formative Assessment Summative Examination</td>
</tr>
<tr>
<td>Examine empirical methods of research as related to adolescent psychology.</td>
<td>Class Discussion/Activity/ Discussion Board (O) Formative Assessment Summative Examination</td>
</tr>
<tr>
<td>Describe and reflect on the major theoretical approaches used to understand the development that occurs during the adolescent years.</td>
<td>Class Discussion/Activity/ Discussion Board (O) Formative Assessment Written Project/Paper Summative Examination</td>
</tr>
<tr>
<td>Critically evaluate information regarding the impact of the family, peer group, school, and culture on an adolescent.</td>
<td>Class Discussion/Activity/ Discussion Board (O) Formative Assessment Written Project/Paper Summative Examination</td>
</tr>
<tr>
<td>Analyze the external/internal forces and personal/interpersonal factors which influence an adolescent’s identity, moral development and development of his or her religious views.</td>
<td>Class Discussion/Activity/ Discussion Board (O) Written Project/Paper Formative Assessment Summative Examination</td>
</tr>
</tbody>
</table>
Evaluate the social adjustments that adolescents must make as they select a career, enter the work world, deal with stress, and experience personal and social problems.

Integrate the information learned in the course with both personal and observed life experiences of adolescence.

III. COURSE OUTLINE

A. Introduction to Adolescent Psychology
   1. Historical perspective of adolescence
   2. Today’s adolescents
   3. Processes, periods, transitions and issues
   4. Theories of development
   5. Research methods

B. The Nature of Adolescent Development
   1. Puberty
   2. Health
   3. Environment and heredity
   4. Brain development
   5. Cognitive development
   6. Information processing
   7. Psychometric approach
   8. Social cognition

C. Social, Emotional, and Personality Development
   1. Development of self
   2. Facets of identity development
   3. Emotional development
   4. Personality development
   5. Gender
   6. Sexuality
   7. Theories of moral development
   8. Values, religion, and cults

D. The Contexts of Adolescent Development
   1. Family processes
   2. Family relationships
   3. Peer relationships, friendship and loneliness
   4. Dating and romantic relationships
   5. Approaches to education
6. Transitions in education
7. Schools and adolescent development
8. Educational exceptions
9. Achievement and motivation
10. Work and career development
11. Culture and ethnicity
12. Socioeconomic status
13. Media and technology

E. Adolescent Problems
   1. Characteristics of problems
   2. Main problems
   3. Prevention or intervention

IV. METHODS OF INSTRUCTION

A. Readings from textbook and supplemental handouts
B. Classroom lecture or resources posted through course webpage (online)
C. Participation in active learning by reflective activities and peer discussions in classroom or online discussion board
D. Reflection on thought-provoking questions in classroom or online
E. Educational media presented in classroom or online
F. Completing activities that relate to course content in classroom, outside class or online

V. REQUIRED TEXTBOOK


VI. REQUIRED MATERIALS

A. Course Home Page available through jeffco.edu
B. A computer with internet access and basic software to include word processing (Jefferson College provides access to computers on campus)

VII. SUPPLEMENTAL REFERENCES

A. Class handouts
B. Current library resources
2. Periodicals
3. Videos

C. Current internet resources
1. Online reference materials
2. Textbook companion web-site

VIII. METHODS OF EVALUATION

A. Class Activities - worth up to 15% of total course grade
1. Presentations
2. Class Discussions (Online)
3. Debates/Group projects

B. Formative Assessment Measures - small unit or chapter examinations worth up to 40% of total course grade (in-class or take home quizzes)

C. Written projects/papers - 1-5 assignments focused on application worth up to 15% of total course grade

Projects/papers may involve
1. Case study analysis
2. Journal article summary
3. News article reflection
4. Research paper
5. Website evaluation
6. Music Evaluation
7. Observation
8. Book Review

D. Summative Written Examinations - 2-6 examinations worth up to 40% of total course grade

Instructor developed tests (objective and essay)

E. Extra Credit - additional assessment or written activities worth a maximum of 5% of the total course grade

F. Grading Scale
1. A= 100-90%
2. B= 89.9-80%
3. C=79.9-70%
4. D=69.9-60%
5. F=59.9-0%
IX. ADA STATEMENT

Any student requiring special accommodations should inform the instructor and the Coordinator of Disability Support Services (Library; phone 636-797-3000, ext. 169).

X. ACADEMIC HONESTY STATEMENT

All students are responsible for complying with campus policies as stated in the Student Handbook (see College website, http://www.jeffco.edu/jeffco/index.php?option=com_weblinks&catid=26&Itemid=84).

Any student who cheats or plagiarizes may receive a grade of “F” for the entire course. Violation of the Student Code of Conduct may also be referred to the college for discipline.