JEFFERSON COLLEGE

COURSE SYLLABUS

HPE135

COACHING AND OFFICIATING BASEBALL

3 Credit Hours

Prepared by:

Sam Carel

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Dr. Mindy Selsor, Chief Academic Officer
Carolyn Elphingstone, Social Science Division Chair
HPE135 Coaching and Officiating Baseball

I. COURSE DESCRIPTION

A. Prerequisite: None

B. 3 semester hours credit

C. Coaching and Officiating Baseball reviews the theories and techniques of coaching and officiating. Students will be given opportunities to conduct drills and participate in the various officiating roles. Essential strategies for developing an athlete such as principles of conditioning and the role of nutrition in training and play will be discussed. (S)

II. EXPECTED LEARNING OUTCOMES/ASSESSMENT MEASURES

<table>
<thead>
<tr>
<th>Expected Learning Outcomes</th>
<th>Assessment Measures</th>
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<tbody>
<tr>
<td>Students will identify the rules and regulations of various levels of play.</td>
<td>Discussions</td>
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<td>Exam</td>
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<td>Group Activity</td>
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<td>Students will apply methods for teaching basic techniques of baseball.</td>
<td>Drill Presentation</td>
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<td>Discussions</td>
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<td>Group Activity</td>
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<tr>
<td>Students will apply knowledge of coaching and officiating techniques.</td>
<td>Group Activity</td>
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<td>Discussion</td>
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<td>Case Study</td>
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<td>Simulation</td>
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<td>Exam</td>
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<tr>
<td>Students will apply coaching and officiating rules during the playing of a game.</td>
<td>Checklist and Observation, Instructor</td>
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<td>Self-Evaluation, Student</td>
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<tr>
<td>Students will document detailed knowledge of principles of conditioning and nutrition for training and play.</td>
<td>Presentation</td>
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<td>Exams</td>
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<td>Discussion</td>
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III. OUTLINE OF TOPICS

A. Introduction to the Course

B. Coaching Psychology
   1. Discuss various coaching philosophies
   2. Understanding the athlete
   3. Identifying behavior expectations
C. Rules and Regulations
   1. Basic game rules
   2. Scoring the game

D. Teaching Techniques

E. Participants in Competition
   1. Identify duties of players
   2. The Team

F. Officials and their Duties
   1. Describe the duties of the first referee
   2. The second referee
   3. The scorer
   4. The line judges

G. Teaching the Basics

H. Game Strategies

I. Developing the Athlete
   1. Describing various principles of conditioning
   2. Nutrition
   3. Injury prevention

IV. METHODS OF INSTRUCTION

A. Lecture

B. Discussion

C. Collaborative Activities

D. Demonstrations

E. Guest Speakers

V. REQUIRED TEXTBOOK

Given by the Instructor

VI. REQUIRED MATERIALS (Student)

Textbook
   Proper attire
VII. SUPPLEMENTAL REFERENCES

Current Library holdings

VIII. METHOD OF EVALUATION

A. Case Study Discussions
B. Checklist and Observation, Instructor
C. Drill Presentations
D. Exam
E. Group Activities
F. Presentations
G. Self-Evaluation
H. Simulation

IX. ADA STATEMENT

Any student requiring special accommodations should inform the instructor and the Coordinator of Disability Support Services (Library; phone 636-797-3000, ext. 169)

X. ACADEMIC HONESTY STATEMENT

All students are responsible for complying with campus policies as stated in the Student Handbook and on the College website.
http://www.jeffco.edu/jeffco/index.php?option=com_weblinks&catid=26&Itemid=84