JEFFERSON COLLEGE
COURSE SYLLABUS

HPE105
BASKETBALL

1 Credit Hour

Prepared by:
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Dr. Mindy Selsor, Chief Academic Officer
Carolyn Elphingstone, Social Science Division Chair
HPE105 Basketball

I. COURSE DESCRIPTION

A. Prerequisite: None

B. 1 semester hour credit

C. Basketball review techniques, fundamental skills, and basic rules of the game through participation. Students will explore the benefits of a lifestyle that includes exercise. (F,S)

II. EXPECTED LEARNING OUTCOMES/ASSESSMENT MEASURES

<table>
<thead>
<tr>
<th>Expected Learning Outcomes</th>
<th>Assessment Measures</th>
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<tbody>
<tr>
<td>Students will demonstrate appropriate techniques and strategies while playing the game.</td>
<td>Instructor Observation Checklist</td>
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<tr>
<td>Students will apply rules and safety practices while playing the game of basketball.</td>
<td>Instructor Observation Collaborative Group Activity Discussion</td>
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<tr>
<td>Students will demonstrate acceptable social standards and attitudes.</td>
<td>Instructor Observation Checklist Discussion</td>
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<tr>
<td>Students will evaluate the benefits of a lifestyle that includes exercise.</td>
<td>Collaborative Group Activity Reflection Papers</td>
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III. OUTLINE OF TOPICS

A. Introduction of Game
   1. Basic rules
   2. Safety practices
   3. Benefits of aerobic exercise

B. Game Strategies and Rules
   1. Participate in drills
   2. Game participation
   3. Social standards and attitudes

C. Fundamental Skills
   1. Dribbling
   2. Shooting
   3. Rebounding
D. Team Techniques
   1. Zone defense
   2. Man-to-Man defense

IV. METHODS OF INSTRUCTION
A. Lecture
B. Discussion
C. Collaborative Activities
D. Demonstrations

V. REQUIRED TEXTBOOK
None

VI. REQUIRED MATERIALS (Student)
Clothing for various activity
Court shoes

VII. SUPPLEMENTAL REFERENCES
Current Library holdings

VIII. METHOD OF EVALUATION
A. Attendance
B. Checklist
C. Collaborative Group Activity
D. Discussion
E. Instructor Observation
F. Reflection Papers

IX. ADA STATEMENT
Any student requiring special accommodations should inform the instructor and the Coordinator of Disability Support Services (636)797-3000, 789-3000, or 942-3000, ext. 169.
X. ACADEMIC HONESTY STATEMENT

All students are responsible for complying with campus policies as stated in the Student Handbook and on the College website.
http://www.jeffco.edu/jeffco/index.php?option=com_weblinks&catid=26&Itemid=84