JEFFERSON COLLEGE
COURSE SYLLABUS

PSY225

ABNORMAL PSYCHOLOGY

3 Credit Hours

Prepared by:
Leslie Buck, M.Ed.
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Arts & Science Education
Dr. Mindy Selsor, Dean
Sandy Frey, Division Chair Social Science
PSY225 Abnormal Psychology

I. CATALOGUE DESCRIPTION

A. Prerequisite: PSY101 General Psychology

B. Credit hours: 3

C. Description: Survey of psychological disorders to include diagnostic descriptions, prevalence, etiology, prevention, and treatment. Includes an overview of historical/sociocultural definitions, research methods, ethical/legal issues, assessment, and classification of abnormal behavior. Abnormal Psychology will partially fulfill the Social and Behavioral Science requirements for the Associate of Arts degree and the degree requirements for the Associate of Applied Science - Occupational Therapy Assistant. (F, S)

II. EXPECTED LEARNING OUTCOMES/CORRESPONDING ASSESSMENT MEASURES

<table>
<thead>
<tr>
<th>Expected Learning Outcomes</th>
<th>Assessment Measures (see VIII. METHODS OF EVALUATION for detailed descriptions)</th>
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<tbody>
<tr>
<td>A. Describe historical and sociocultural criteria for defining and explaining abnormal behavior and the sociocultural epidemiology of psychological disorders</td>
<td>Formative Activities Written Paper Oral Presentation Summative Examination</td>
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<td>B. Distinguish between research methods used and recognize issues in the study of abnormal behavior</td>
<td>Formative Activities Summative Examination</td>
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<td>C. Identify ethical and legal issues related to abnormal behavior</td>
<td>Formative Activities Summative Examination</td>
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<td>D. Explain the goals and methods of clinical behavioral assessment</td>
<td>Formative Activities Summative Examination</td>
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<td>E. Recognize the features of current classifications of mental disorders</td>
<td>Formative Activities Summative Examination</td>
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<td>F. Determine DSM psychological disorder diagnoses based on descriptions of key symptoms and features</td>
<td>Formative Activities Written Paper Oral Presentation Summative Examination</td>
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<td>G. Compare and contrast major contemporary theoretical and empirical explanations for the etiology, prevention, and treatment of psychological disorders to include biological, psychological and sociocultural factors</td>
<td>Formative Activities Written Paper Oral Presentation Summative Examination</td>
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III. OUTLINE OF TOPICS

A. Overview of Historical and Cultural Views of Abnormal Behavior and Its Treatment
   1. Defining Abnormal Behavior
      i. Role of Culture
   2. Historical variations in definition and treatment
      i. Philosophical and Supernatural
      ii. Physiological
      iii. Historical Scientific Psychological

B. Overview of Research Methods in Abnormal Psychology
   1. Individual Level Research
      i. Case Study
      ii. Single-case Experimental Design
   2. Group Level Research
      i. Correlational Design
      ii. Controlled Experimental Group Design
   3. Population Level Research
      i. Descriptive Epidemiological Design
      ii. Overview of the current prevalence, disability and cost of mental disorders
   4. Issues in Research in Abnormal Behavior
      i. Biological measurement and control
      ii. Genetics
      iii. Sociocultural (Gender, Race, Ethnicity, and Culture)
      iv. Change across time
         a. Cross-sectional
         b. Longitudinal

C. Overview of Ethical and Legal Issues Related to Abnormal Behavior
   1. Ethics in Research
   2. Privacy, Confidentiality, and Privilege
   3. Patient Rights and Civil and Legal Commitment
   4. Licensing of Treatment Providers

D. Overview of Clinical Behavioral Assessment
   1. Clinical Assessment Goals
   2. Assessment Methods and Instruments

E. Overview of Current Classification and Diagnosis of Abnormal Behavior
   1. Current Edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM)
   2. International Classification of Diseases (ICD) and International Classification of Impairments, Disabilities, and Handicaps (ICIDH)
   3. Alternate views of classification

F. Overview of Contemporary Views of Abnormal Behavior and Its Treatment
   1. Biological
      i. Anatomy and Physiology of Nervous and Endocrine Systems
      ii. Genetics versus Damage
   2. Psychological
i. Elements of Psychodynamic and Humanistic Models
ii. Learning
iii. Cognition
3. Sociocultural
   i. Social Relationships
   ii. Gender
   iii. SES
   iv. Race, Ethnicity and Culture
4. Integrated Biopsychosocial Model
5. Types of Prevention/Treatment Providers
   i. Qualifications

G. Role of Stress in Health
1. Psychological factors in physical disorders
2. Psychological disorders due to medical conditions
3. Adjustment Disorders and Other Conditions
4. Stress’s Role in the etiology of psychological disorders

H. Detailed Description (diagnostic features/symptoms to include functional impairment/disability and course), Prevalence, Etiology/prevention, and Treatment of:
1. Substance-Related Disorders
   i. Defining Intoxication, Abuse, Dependence, Tolerance, Withdrawal, and Addiction
   ii. Stimulants
      a. Caffeine
      b. Nicotine
      c. Cocaine and Amphetamine
   iii. Sedatives/Depressants
      a. Alcohol
   iv. Opioids
   v. Hallucinogens
      a. Marijuana
      b. LSD
   vi. Inhalants
   vii. Other forms of compulsive or impulsive behavior
2. Anxiety Disorders
   i. Panic Disorder (with and without Agoraphobia)
   ii. Phobic Disorders (Specific and Social)
   iii. Obsessive-Compulsive Disorder
   iv. Acute Stress and Post-Traumatic Stress Disorder
   v. Generalized Anxiety Disorder
3. Mood Disorders
   i. Major Depressive Disorder
   ii. Dysthymic Disorder
   iii. Bipolar Disorder
   iv. Cyclothymic Disorder
   v. Suicide as a symptom
4. Somatoform Disorders
   i. Somatization Disorder
   ii. Conversion Disorder
   iii. Pain Disorder
   iv. Hypochondriasis
   v. Body Dysmorphic Disorder
5. Cognitive Disorder and Disorders related to Aging
   i. Delirium
   ii. Dementia
   iii. Amnestic Disorders
   iv. Anxiety, Depression, Sleep, and Substance Abuse in old age
6. Schizophrenia and Other Psychotic Disorders
   i. Schizophrenia
   ii. Schizophreniform Disorder
   iii. Schizoaffective Disorder
   iv. Delusional Disorder
   v. Brief Psychotic Disorder
   vi. Other Psychotic Disorders
   vii. Psychosis as a symptom in other disorders

I. Overview of Description, Prevalence, Etiology/prevention, and Treatment of:
   1. Disorders of Childhood and Adolescence to include Anxiety, Depression, and Substance Abuse in Childhood and Adolescence
   2. Dissociative Disorders
   3. Eating Disorders
   4. Sleep Disorders to include sleep disturbance as a symptoms
   5. Sexual and Gender Identity Disorders
   6. Personality Disorders
      i. Traits versus Disorder
      ii. Classification of Personality and Future Directions

IV. METHODS OF INSTRUCTION

A. Readings from textbook and supplemental handouts

B. Classroom Lecture

C. Participation in active learning by reflective activities, quizzes, and peer discussions in classroom or online

D. Educational media presented in classroom or online

E. Review research paper on a specific psychological disorder
F. Individual Oral Presentations on specific psychological disorders by fellow students

V. REQUIRED TEXTBOOK


VI. REQUIRED MATERIALS

A. Course Home Page available through www.jeffco.edu

B. A computer with internet access and basic software to include word processing (Jefferson College provides access to computers on campus)

VII. SUPPLEMENTAL REFERENCES

A. Library resources
   1. Books
      i. Publication Manual of the American Psychological Association (current version 2010) – Reference Desk only
      ii. Diagnostic and Statistical Manual of Mental Disorders (current version 2000, major update scheduled for 2013) – Reference Desk only
   2. Current Book, Video, and Periodical Collection to include access to peer-reviewed journal articles

B. Class handouts (available online through Course Home Page)

C. Internet resources
   1. On-line reference materials
      ii. American Psychiatric Association’s DSM-5 Development Page (until new DSM is published) http://www.dsm5.org/Pages/Default.aspx
      iii. Full ICD and ICF http://www.who.int/classifications/icd/en/
   2. Textbook web-based resources for students
VIII. METHOD OF EVALUATION

A. Formative Class Activities - worth ~10% of total course grade
   1. Class Discussions
   2. Reflective Activities
   3. Quizzes
   4. Online activities through textbook website

B. APA Style Review Research Paper - worth ~20% of total course grade
   1. Topic: Diagnostic features/symptoms to include functional impairment/disability and course, prevalence, etiology/prevention, and treatment of a specific psychological disorder from the list under “Detailed Description (diagnostic features/symptoms to include functional impairment/disability and course), Prevalence, Etiology/prevention, and Treatment of” in the course outline above
   2. Outline required
   3. First-draft with peer feedback required
   4. Current version of the DSM will be the primary source along with the textbook and at least one peer-reviewed journal article required (copies of sources required)

C. Oral Presentation over the same topic as the Literature Review Paper- worth ~10% of total course grade

D. Summative Written Examinations – 4 or more examinations worth ~60% of total course grade
   1. Instructor developed tests (objective and/or short answer/essay)

E. Extra Credit - Additional Assessment or Written Activities worth a maximum of 5% of the total course grade

F. Grading Scale
   1. A= 100-90%
   2. B= 89.9-80%
   3. C=70-79.9%
   4. D=60-69.9%
   5. F=59.9-0%

IX. ADA STATEMENT

Any student requiring special accommodations should inform the instructor and the Coordinator of Disability Support Services (Library; phone 636-797-3000, ext. 169).

X. ACADEMIC HONESTY STATEMENT
A. All students are responsible for complying with campus policies as stated in the Student Handbook (see College website, http://www.jeffco.edu/jeffco/index.php?option=com_weblinks&catid=26&Itemid=84).

B. Any student who cheats or plagiarizes may earn a grade of “F” for the entire course. Violation of the Student Code of Conduct may also be referred to the college for discipline.