PTA 150
Clinical Experience I
2 Credit Hours

Prepared by:
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Dr. Mary Beth Ottinger, Division Chair
PTA150 Clinical Experience I

I. CATALOGUE DESCRIPTION

A. Prerequisite: Kinesiology and PTA Principles and Procedures I each with a grade of “C” or better
   Pre-/corequisite: Professional Conduct and Communication

B. Credit hour award: 2

C. Description: This is the first of four clinical education experiences that provides an opportunity for students to integrate the basic principles, skills, and data collection techniques learned thus far in the didactic portion of the curriculum and apply them in a patient care setting. The student will work under the direct supervision of a licensed physical therapist or licensed physical therapist assistant two days a week for five weeks in a setting where he/she can further develop critical thinking skills and professional behaviors, making the connection between theory and practice. Students will begin to develop skills in monitoring and modifying patient interventions, documentation, and communication with other members of the healthcare team. (Su)

II. EXPECTED LEARNING OUTCOMES AND ASSESSMENT MEASURES
   (Numbers in parentheses refer to CAPTE performance expectations. PTA = Physical Therapist Assistant, and CPI = Clinical Performance Instrument.)

<table>
<thead>
<tr>
<th>Expected Learning Outcomes</th>
<th>Assessment Measures</th>
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<tr>
<td>Demonstrate appropriate interactions with patients, physical therapists, and other health care professionals in written, verbal, and nonverbal communication. (3.3.2.1.)</td>
<td>PTA CPI</td>
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<td>Written Assignments</td>
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<td>Online Discussion</td>
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<td>Recognize individual and cultural differences and respond appropriately in all aspects of physical therapy services. (3.3.2.2.)</td>
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<td>Demonstrate conduct that reflects practice standards that are legal, ethical, and safe as well as reflect a commitment to meet the expectations of those receiving health care services and members of the profession of physical therapy. (3.3.2.3., 3.3.2.4., 3.3.2.5.)</td>
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<td>Demonstrate how to implement the plan of care developed by the physical therapist to achieve short and long term goals and intended outcomes, including situations where specialized equipment may be present. (3.3.2.6.)</td>
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<td>Demonstrate safety and competence in implementing selected components of interventions such as functional training, infection control procedures, manual therapy techniques, physical and mechanical agents, therapeutic exercise, and wound management as identified in the plan of care established by the physical therapist. (3.3.2.7., 3.3.2.7.1-5., 3.3.2.7.7-29.)</td>
<td>PTA CPI</td>
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<td>Demonstrate competence in performance of components of data collection skills such as aerobic capacity and endurance, anthropometrical characteristics, arousal, mentation, and cognition, assistive, adaptive, orthotic, protective, supportive, and prosthetic devices, gait, locomotion, and balance, integumentary integrity, joint integrity and mobility, muscle performance, neuromotor development, pain, posture, range of motion, self-care and home management and community reintegration, ventilation, respiration, and circulation. (3.3.2.8., 3.3.2.8.1-6., 3.3.2.8.8-35.)</td>
<td>PTA CPI</td>
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<td>Modify interventions within a plan of care established by the physical therapist in response to patient clinical indications and report this to the supervising physical therapist. (3.3.2.9.)</td>
<td>PTA CPI Written Assignments Online Discussion</td>
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<td>Identify when intervention should not be provided due to changes in the patient’s status and report these changes to the supervising physical therapist. (3.3.2.10.)</td>
<td>PTA CPI Written Assignments Online Discussion</td>
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<td>Report any changes in the patient’s status to the supervising physical therapist. (3.3.2.11.)</td>
<td>PTA CPI Written Assignments Online Discussion</td>
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<td>Determine when the direction to perform an intervention is beyond that which is appropriate for a physical therapist assistant and initiate clarification with the physical therapist. (3.3.2.12.)</td>
<td>PTA CPI Written Assignments Online Discussion</td>
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<td>Explain to patients, family members, and caregivers desired goals and outcomes based on the plan of care established by the physical therapist. (3.3.2.13., 3.3.2.14.)</td>
<td>PTA CPI Written Assignments Online Discussion</td>
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<td>Describe appropriate actions to take in an emergency situation as applicable. (3.3.2.15)</td>
<td>PTA CPI Written Assignments Online Discussion</td>
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<td>Produce thorough, accurate, logical, concise, timely, and legible documentation that follows guidelines and specific documentation formats required. (3.3.2.16.)</td>
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<td>Describe elements of discharge planning and follow up as directed by the supervising physical therapist. (3.3.2.17.)</td>
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<td>Perform health care literature database searches. (3.3.2.18.)</td>
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<td>Explain therapy related concepts to other members of the health care team using established techniques, programs, and instructional materials commensurate with the learning characteristics of the audience. (3.3.2.19.)</td>
<td>PTA CPI Written Assignments Online Discussion</td>
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<td>Explain the role of the physical therapist assistant to others. (3.3.2.20.)</td>
<td>PTA CPI Written Assignments Online Discussion</td>
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Practice with other members of the health care team in patient-care and non-patient care activities. (3.3.2.21.)

Record accurate and timely information for billing and reimbursement. (3.3.2.22.)

Demonstrate a commitment to meeting the needs of the patients and consumers of physical therapy services. (3.3.2.25.)

Demonstrate an awareness of social responsibility, citizenship, and advocacy, including participation in community and service organizations and activities. (3.3.2.26.)

PTA CPI
Written Assignments
Online Discussion

PTA CPI

PTA CPI

III. OUTLINE OF TOPICS

A. Supervised initial clinical education experience in an inpatient or outpatient setting.
   1. Observation and participation in the plan of care developed by a physical therapist
   2. Integration of theories, principles, skills, and behaviors learned thus far in the didactic curriculum
   3. Integration of evidence-based practice
   4. Regular journal entries
   5. Regular posts to online discussion board
   6. Creation and presentation of in-service on topic agreed upon by Academic Coordinator of Clinical Education, clinical instructor, and student to include a handout
   7. Completion of Values Based Behaviors for the Physical Therapist Assistant Self-Assessment by the student.
   8. Completion of Physical Therapist Assistant Clinical Performance Instrument by student and clinical instructor at the end of the 5 weeks

IV. METHOD(S) OF INSTRUCTION

A. Physical interaction, participation in hands-on patient care with direct supervision by clinical instructor in clinical setting
B. Interaction with other members of the health care team
C. Regular participation in online discussion board
D. Self-assessment and reflection
E. Peer interaction activities

V. REQUIRED TEXTBOOK(S)

A. Clinical Education Handbook
VI. REQUIRED MATERIALS

A. Transportation to/from Clinical Site
B. Clothing to match dress code as per the assigned clinical facility’s policies

VII. SUPPLEMENTAL REFERENCES

A. Notes, texts from all previous didactic coursework
B. Library Resources
   1. Textbooks
   3. Periodicals
   4. Videos
C. Internet Resources
   1. American Physical Therapy Assistant (APTA) Website

VIII. METHOD OF EVALUATION

A. Because this is a PASS/FAIL course, if a student fails the Clinical Education components, he/she cannot pass the course.
B. Physical Therapist Assistant Clinical Performance Instrument with 9/12 criteria rated by clinical instructor at a minimum of “Advanced Beginner” level of performance.
C. Completion of in-service with accompanying handout at clinical site.
D. Completion of regular journal entries.
E. Completion of regular online discussion board posts.

IX. ADA STATEMENT

Any student requiring special accommodations should inform the instructor and the Coordinator of Disability Support Services (Library: phone 636-797-3000, ext. 3169).

X. ACADEMIC HONESTY STATEMENT

All students are responsible for complying with campus policies as stated in the Student Handbook. Any student who cheats or plagiarizes will be subject to dismissal from the Physical Therapist Assistant program and will be referred to the college for disciplinary